

The Healing Process

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All healing is essentially self-healing. A physician may set two bone fragments, but the body itself heals the fracture; a physician simply directs and facilitates the process. Healing Touch is a diverse and complementary mode of facilitating the bodies natural healing process. Healing Touch functions from an energy perspective instead of only a physical one. Healing Touch practitioners re-aligns the energy flow, re-activating the mind, body and spirit to eliminate blockages to self-healing. Who can benefit?The goal in Healing Touch is to restore balances and harmony in the Energy System; placing the client in a position to self heal. Healing Touch programs, may also complement traditional health care be used in collaboration with other approaches to health and healing.

Who Should Participate?Because Healing Touch influences the whole person on all levels, it is appropriate for everyone and can take place in many settings including:

- Healing Centers
- Delivery Rooms
- Hospitals
- Hospices
- Accident Scenes
- Homes
- Schools

Healing Touch can help you with:

- Pain Control
- Neck and Back Problems
- Anxiety Reduction
- Skin Problems
- Wound and Fracture Healing
- Premenstrual Syndrome
- Multiple Sclerosis
- HIV or A.I.D.S.
- Hypertension
- Heart and Lung Disease
- Pre/Post Surgical Procedures
- Headaches/Migraines
- Autoimmune Disorders
- Diabetes
- Cancer
- Grief Management
- Arthritis
- Rehabilitation
- Chronic Fatigue Syndrome
- General Well Being
- Disease Prevention
- Spiritual Enhancement