

Healing Touch Educational Programs

Contributed by Administrator
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The Healing Touch educational program was developed by Janet Mentgen, RN, BSN. (1996). The curriculum is designed as a multi-level education program. Based upon a continuing education model, it builds upon an individual's previous foundational health care profession preparation.

Each level includes both didactic and experiential learning in which participants use specific healing interventions. The program of study is carefully sequenced in five levels of instruction: Levels 1, 2, 3, 4, and 5. Certificates of attendance with approved continuing education credits are issued at the completion of each level.

Healing Touch students undergo a vigorous and comprehensive program that includes 120 hours of standardized curriculum with Certified Healing Touch Instructors. After completion of Level 4, the student begins a minimum one-year mentorship with a Certified Healing Touch Practitioner and documents a minimum of 100 Healing Touch sessions. The Healing Touch program places emphasis on self-care and development of the student. In addition, the student participates in an extensive reading program as well as a wide variety of complementary therapies.

** Healing Touch educational programs are endorsed by the American Holistic Nurses' Association and Healing Touch International.