

# Course Curriculum

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## Level 1 Description

Level 1 starts with 15-20 continuing education hours of instruction, allowing persons with varying backgrounds to being the Healing Touch program, acknowledge their previous learnings and to further develop concepts and skills in energy-based therapy. A strong commitment to personal growth is required.

### Objective:

- Describe the human energy system relationship to physical, emotional, mental, and spiritual health
- Discuss energy principles basic to the healing process.
- Identify the basic concepts and steps of the basic Healing Touch sequence.
- Assess the energy field and energy centers.
- Demonstrate specific intervention techniques used in Healing Touch.
- Discuss applications of Healing Touch in personal and professional practice

## Level 2 Description

Level 2 is for students who have completed Level 1 and wish to increase breadth and depth in the study of Healing Touch. Level 2 has 15-20 hours of continuing education hours of instruction. The second level of study in Healing Touch includes an intake interview, back techniques and a full healing sequence. Emphasis in the experiential learning is on developing healing sequences for specific client needs.

### Objective:

- Share the experience of practicing Level 1 techniques.
- Develop interviewing and additional assessment skills.
- Demonstrate a one-hour healing sequence for specific client problems.
- Document clinical work.
- Practice back and neck techniques.
- Describe specific techniques in addressing client health challenges.

## Level 3 Description

Level 3 is for students who desire more in-depth skills in Healing Touch and have successfully completed Level 1 and Level 2. This course includes: development of Higher Sense Perception (HSP), a full healing sequence, working with guidance, self healing and self-development. Level 3 has 15-20 hours of continuing education hours of instruction.

### Objective:

- Discuss advanced development of the healer.
- Experience healing from three roles: practitioner, client, and observer/coach.
- Practice Hara alignment, expansion of the core star and chelation.
- Demonstrate a full-healing sequence.
- Practice healing techniques of Etheric Unruffle and Lymphatic Drain.

## Level 4 and 5 Overview

Level 4 and Level 5 is for students who have successfully completed Levels 1, 2 and 3 and desire to become a Healing Touch Practitioner. This two-segment course/practicum provides the student an opportunity to learn to develop and conduct a practice in Healing Touch. This course provides 60 continuing education hours (30 in each segment) of instruction/participation and is designed to provide guidance for the student in the development of practice and skill through the mentor/apprenticeship approach. Students will complete projects between the segments and present their projects to the class during the second section approximately one year later. Each section is offered in a retreat setting to allow for greater focus on the intense learning and practice that occurs.

## Level 4 Description

This course prepares the student to become a Healing Touch Practitioner and establish a practice setting. Practice concerns are explored including establishing a private practice, incorporating Healing Touch into a current practice setting either working alone or with others. The topics are addressed: business concepts, client/practitioner relationships, networking with other practitioners, identifying energy patterns in clients and scope of practice. Professional development as a healer is explored including addressing professional ethics, standards of practice and role as a healer.

### Objective:

- Describe the development of a Healing Touch Practitioner.
- Demonstrate a sequence of intake, three healing sessions and discharge planning.

- Identify issues related to development of a Healing Touch practice.
- Discuss the case study process based on the sequence demonstrated during the workshop.
- Discuss the principles of apprenticeship/mentorship and professional practice.
- Discuss the purpose of a professional profile notebook.

#### Level 5 Description

Level 5 focuses on the completion of projects begun in Healing Touch Level 4. The topics addressed: the mentorship experience, community and networking activities, establishment of practice, development of expertise in a Healing Touch practice, self development as a healer.

#### Objective:

- Describe the professional development of a healing practice.
- Present a professional profile notebook and resume
- Discuss practice issues in your role as a Healing Touch practitioner.
- Present a comprehensive case study for peer review and critique.
- Present documentation of client sessions.
- Review the apprenticeship/mentorship process.
- Report receiving other healing modalities through 10 documented experiences from other practitioners.
- Discuss Healing Touch research and implications for practice.
- Describe Certification as a Healing Touch Practitioner.